

5TH ANNUAL
THE ROB MILLISOR HEART HEALTH WALK
SATURDAY, JUNE 13, 2020



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FOR IMMEDIATE RELEASE
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Registration Open for The 5th Annual Rob Millisor Heart Health Walk

BRECKENRIDGE, COLORADO (March 9, 2020) - Runners and walkers can now register for The 5th Annual Rob Millisor Heart Health Walk (RAM Walk), that will take place on Saturday, June 13 at Carter Park in Breckenridge. Pre-registration period is open until 10 p.m. on June 11 at www.robmillisorwalk.com. Early birds will be entered for a chance to win one of five \$100 gift cards. All participants will be entered to win a vacation with Interval International.

The RAM Walk was created in 2016 in honor of the late Rob Millisor, one of the owners/developers of Breckenridge Grand Vacations (BGV). Rob dedicated his life to serving others and passed away unexpectedly in 2015 while on a humanitarian trip to Nepal. Continuing his legacy, every dollar received at the event is contributed to The Rob Millisor Heart Health Fund at The Summit Foundation to support heart health programs, education and research. The event raised a total of \$172,802 in 2019, and aims to reach \$200,000 this year.

Registration check-in on June 13 opens at 8:30 a.m. Walk-ins are welcome but pre-registration is highly recommended. From 8:30 a.m. - 9:45 a.m., morning snacks will be provided for all participants, and Heart Health/Healthy Lifestyle booths open. Free yoga stretch for runners and walkers will be offered between 9:00 a.m. - 9:45 a.m. by Meta Yoga. Participants can choose between the Robbie's Run 5k Trail Race, that starts at 10 a.m.; a 5k trail walk starting at 10:15 a.m.; and a 1-mile town walk that starts at 10:30 a.m. Following the walk and run, they will enjoy lunch, live entertainment, heart health/ healthy

lifestyle booths and children's activities. Dogs are not allowed during the RAM Walk according to Town of Breckenridge's regulation that does not permit our furry friends at events where food is served.

The 5th Annual Rob Millisor Heart Health Walk is also looking for volunteers. Those interested can sign up at www.robmillisorwalk.com at the "Volunteer" tab, or contact Volunteer Coordinator Hannah Schneider at hschneider@breckgv.com.

For more information about The 5th Annual Rob Millisor Heart Health Walk including registration, volunteering and sponsorship opportunities, please visit bgvgives.org or contact the BGV Gives Program Manager, Deb Edwards, at (970) 547-8748 or dedwards@breckgv.com.

ABOUT BGV GIVES

Founded in 2016, the BGV Gives Program was established to facilitate and further extend Breckenridge Grand Vacations' philanthropic reach and impact in Summit County and the surrounding area. Inspired by the late BGV Owner/Developer, Rob Millisor, this charitable program honors his example of service to others by supporting the local nonprofit community. BGV is excited and humbled to continue Rob's legacy of giving through fundraising, sponsorships, grants, volunteering and in-kind donations on behalf of those in need, with a primary focus on health, human services, education, art and culture, environment, and sports and recreation. With guidance from the BGV Gives Program Manager, Deb Edwards, this program is committed to growing BGV's local contributions and inspiring fellow community members to give more by providing resources and opportunities to help others in need.